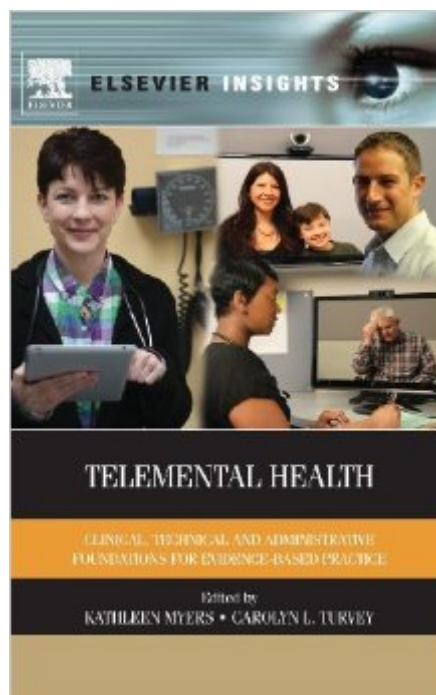




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# Telemental Health: Clinical, Technical, And Administrative Foundations For Evidence-Based Practice (Elsevier Insights)



## Synopsis

Acquiring access to mental health treatments can be difficult for those who are not near mental health facilities. The growing field of telemental health addresses this problem by using video and telephone conferencing to provide patients with access to psychiatric professionals. However, the process faces challenges to gain adoption into mainstream medical practice and to develop an evidence base supporting its efficacy. In this comprehensive text, leading professionals in the field provide an introduction to telemental health and explore how to construct a therapeutic space in different contexts when conducting telemental health, how to improve access for special populations, and how to develop an evidence base and best practice in telemental health. In the past 15 years, implementation of telemental health has seemed to follow more from need than from demonstrated efficacy. The thorough and insightful chapters within this book show the importance of continued research and thoughtful development of ethical and responsible practice that is needed in the field and begin to lay out steps in constructing this process. Telemental Health will be an essential book for all clinical practitioners and researchers in mental health fields. Information in this book is focused on the clinical practice of telemental health, no other text is similarly oriented to clinical practice. Limited options for interested audience makes this text a top choice. The Editors are experienced in multiple aspects of e-health across diverse clinical settings, and the authors are national leaders who are most knowledgeable regarding developments in the field. Emphasis is on providing evidence-based care, and telemental health emerges as comparable to usual care, not a "second best" option; material is not esoteric but relevant to clinical practice. Readers will be able to readily find the equipment and other technology to establish their practice.

## Book Information

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"I found this book to be enthralling and informativeâ |. It provides a significant dataset of what has worked, and through a well-written narrative on the evidence base, this book will serve as the foundation of TMH moving forward and should be a ready reference for all participants in TMH."

--Telemedicine and e-Health, October 2013

This book delivers as advertised. The information is there and well thought out for the most part. Telemental health is a subject that is at the cutting edge of the therapy business and will be around for years to come. Buy this one.

Very helpful for my research paper

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